## Fun & games

Taking note of what you see while you spend time travelling around is fun and keeps your **active travel** interesting and exciting.

## I Spy

You will need a friend or family member to play with. Decide who will be the "spy" first.

The spy secretly chooses an object they can both see. For example; a tree, a car or even a cloud.

The spy begins the game by saying,

"I spy with my little eye, something..."

then they finish the sentence a clue like:

"...beginning with A"

"...made of wood"

"...in the sky"

the other person guesses what they have spied until they get it right, or give up. Then they swap

## **Nature Rubbings**

Bring some paper and a pencil or crayon on a walk. Find things with interesting textures and place the paper on top. Use your crayon or pencil to rub over the top and watch as beautiful pictures appear.



Stick your own nature rubbing in the space above.

## **Treasure Hunt**

(under 10s)

Can you find the following things while you travel?

wildflower



pigeon



pretty stone



tree



water



squirrel



clouds



dog walker



big stick



bench

